Cohesion

OCTOBER 2026

Newsletter 4

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About the Project

The COHESION project, funded by the Erasmus+ Programme (KA220-HED), was established to address one of Europe's most pressing social challenges: improving the employability and social inclusion of students and graduates with neurological disorders, trauma-related conditions, and refugee backgrounds. The project united six organizations from five European countries with the common goal of creating more inclusive pathways from higher education to employment.

Main Deliverables

1. COHESION Methodology Framework

The consortium developed an innovative evidence-based methodology designed to bridge the gap between employers and students with neurological disorders and trauma experiences.

The methodology includes: labour market research across partner countries; national reports and comparative analyses; best-practice case studies; guidelines for employers and educational institutions; practical frameworks for inclusion and workplace adaptation.

2. COHESION Training Package for Employers

One of the flagship outputs of the project is a specialized training package designed for private sector organisations, SMEs, HR professionals, and managers.

Training contents: understanding neurological disorders and neurodiversity; creating inclusive workplaces; managing diverse teams; communication and workplace accommodations; mentoring and support strategies.

The training package equips employers with practical knowledge and tools to successfully recruit, support, and retain talented individuals with neurological disorders and trauma backgrounds.

3. COHESION Training Package for Students

A second dedicated training package was developed specifically for students and graduates with neurological disorders and trauma-related challenges.

Training topics: entering the labour market; preparing for recruitment processes; workplace communication; managing challenging situations at work; collaboration and teamwork; self-advocacy and self-confidence; professional development and career planning; coping strategies and workplace adjustment techniques.

The programme empowers students by strengthening employability skills and helping them navigate workplace expectations with greater confidence.

4. COHESION Resource Hive

A digital knowledge hub was created to provide open access to research findings, guidelines, learning materials, training resources and stakeholder information.

The platform serves universities, employers, students, researchers, support organisations, and policymakers interested in promoting inclusion and social cohesion.

Final Conference in Rome, Italy

The COHESION Final Conference on the 8th of October 2026 marked the culmination of three years of successful collaboration and innovation.

Hosted by LUISS Business School in Rome, the conference welcomed participants from academia, business, public institutions, NGOs, and the disability support sector. The event showcased the project's results, highlighted good practices from partner countries, and explored future opportunities for scaling the COHESION approach across Europe.

The highlights of the Final Conference were:

- Presentation of the COHESION Methodology
- Demonstration of the COHESION Training Packages
- Discussion on Inclusive Employment Policies
- Exchange of Good Practices from Five European Countries
- Future Sustainability and Exploitation of Results
- Promotion of Neurodiversity in Higher Education and Employment

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COHESION FINAL CONFERENCE - WORK PACKAGE 5
Inclusion practices in Spain
Luiss Business School, Rome · 08/10/2026
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